

Are you over 50?

Do you enjoy learning & sharing new skills?

Would you like to use your life experience to motivate others?

Do you have time to spare on an agreed basis?

Free training provided!

Brighter Futures provides a Peer Mentoring volunteer service for isolated older people in the community. The aim is to significantly improve the quality of life of older people, enhancing their social networks, well-being and enabling meaningful activity. For further information please contact: Laura Griggs at RAMH on 0141 881 8811 or at laurag@ramh.org



LOTTERY FUNDED



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